IN THE CLAIMS:

Please AMEND claims 1-7 and 9, as follows.

(Currently Amended) A movable micro-body comprising:
a movable plate having a surface;

at least one or two torsion bars bar extending in a longitudinal direction and supporting the said movable plate;

a support member supporting the <u>said</u> movable plate by way of the one or two <u>said</u> torsion <u>bars</u> <u>bar</u>; and

at least one link member arranged in a direction intersecting the longitudinal direction of the one or two said torsion bars bar and adapted to substantially link the linking said support member and the movable plate by way of a through hole region said torsion bar.

2. (Currently Amended) The movable micro-body according to claim 1, wherein

said two torsion bars are arranged at opposite sides of said movable plate, and said at least one a link member is arranged on each of said two torsion bars.

3. (Currently Amended) The movable micro-body according to claim 1, wherein

said only one torsion bar is provided solely and arranged at a lateral side of said movable plate, and said at least one link member is arranged on said one torsion bar.

4. (Currently Amended) The movable micro-body according to claim 1, wherein

said only one torsion bar is provided solely and arranged at a lateral side of said movable plate, and said movable plate is provided with a projecting section at the a side opposite to said one torsion bar, with said projecting section being separated from said support member, with said at least one link member being arranged on said projecting section.

5. (Currently Amended) The movable micro-body according to claim 1, wherein

the <u>a</u> cross section of said one or two torsion bars <u>bar</u> taken along a direction perpendicular to the <u>an</u> intra-planar direction of said <u>movable plate</u> surface shows a width as observed along the <u>a</u> longitudinal direction of said at least one link member smaller than the <u>a</u> width of the <u>a</u> cross section as observed along the direction perpendicular to <u>said</u> the longitudinal direction.

6. (Currently Amended) The movable micro-body according to claim 1, wherein

said support member, said one or two torsion bars <u>bar</u> and said movable plate are integrally formed from a single material.

7. (Currently Amended) The movable micro-body according to claim 1, wherein

said at least one link member is made of a material different from at least one of that of said support member, that of said one or two torsion bars bar or that of said movable plate.

- 8. (Original) An optical deflector comprising a movable micro-body according to claim 1 and light reflecting means arranged on said movable plate.
- 9. (Currently Amended) An image forming apparatus comprising an optical deflector according to claim 8 and a light source, and adapted to form an image by causing a beam of light emitted from said light source to be reflected by said light reflecting means and scan scanned.
- 10. (Original) The image forming apparatus according to claim 9 that is a light beam scanning type display.
- 11. (Original) An electrophotography type image forming apparatus comprising an image forming apparatus according to claim 9 and a photosensitive body adapted to receive the scanning beam of light.
- 12. (Original) A dynamic quantity sensor comprising a movable micro-body according to claim 1 and detection means for detecting a relative positional displacement of said support member and said movable plate.